



Nuevo Manual de Reflexología: Metodo Holistico Lopez Blanco (Masters/Salud)

Alicia Lopez Blanco

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Nuevo Manual de Reflexología: Metodo Holistico Lopez Blanco (Masters/Salud) Alicia Lopez Blanco

This new, illustrated edition presents the full course of the Lopez Blanco method of reflexology and holistic health that improves general well-being, quality of life, and overall health. The work is easy to read with conceptual clarity, and has a didactic structure that facilitates learning. It is aimed at both health professionals and anyone else who is interested in holistic approaches. The reader can access theoretical content, explore techniques that are illustrated with detailed practical descriptions, locate reflex areas, learn diagnostic techniques, and reflexology guidance.

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(Masters/Salud) Alicia Lopez Blanco**

384 pages

About the Author

Alicia Lopez Blanco is a clinical psychologist and reflexologist instructor certified by the International Institute of Reflexology in St Petersburg, Florida. She founded and directed the Argentina School of Holistic Reflexology, and is the author of *My Body My Teacher*, *Each Time Better*, and *What Is Holistic Health*.

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